**Table 3 PHQ-9 Depression, GAD-7 Anxiety and WEBWBS scores**

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| --- | --- | --- | --- |
| **Scale** | **Total (n=153)****n (%)** | **London based cohort (n=77)****n (%)** | **South Coast based cohort (n=76)****n (%)** |
| **Depression PHQ-9**Mean (SD)Range (0-27)**Severity of depression**None (0-4)Mild (5-9)Moderate (10-14)Moderately Severe (15-19)Severe (20-27) | 10.8 (6.4)0-2729 (19%)41 (27%)42 (28%)24 (16%)15 (10%) | 11.9 (6.5)\*1-2712 (16%)19 (25%)21 (28%)16 (21%)8 (10%) | 9.7 (6.2)\*0-2617 (23%)22 (29%)21 (28%)8 (11%)7 (9%) |
| **GAD-7 Anxiety**Mean (SD)Range (0-21)**Severity of anxiety**None (0-5)Mild (6-10)Moderate (11-15)Severe (16-21) | 9.0 (5.6)0-2149 (32%)48 (31%)31 (20%)25 (16%) | 10.4 (5.4)\*\*0-2119 (25%)21 (27%)22 (29%)15 (20%) | 7.7 (5.5)\*\*0-2130 (40%)27 (36%)9 (12%)10 (13%) |
| **Warwick-Edinburgh Mental Wellbeing Scales (WEMWBS)**Mean (SD)Range (14-70)**Level of mental wellbeing**Low mental health (14-40)Normal mental health (41-58)High mental health (59-70) | 41.1 (10.0)14-7070 (47%)73 (49%)7 (5%) | 40.8 (9.9)15-6134 (44%)41 (53%)1 (1.3%) | 41.4 (11.8)14-7036 (49%)32 (43%)6 (8%) |

*Note: Where frequencies do not equal n, there is missing data as not all scale items were responded to.*

\* p<0.05 (2-tailed)

\*\* p< 0.01 (2-tailed)