**Table 4 Pearson Correlation coefficients between PSQI, ESS, PHQ-9, GAD-7 and WEMWBS scores**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **1 PSQI** | **2 ESS** | **3 PHQI** | **4 GAD-7** |
| **1 PSQI** |  |  |  |  |
| **2 ESS** | 0.437\*\*\* |  |  |  |
| **3 PHQ-9** | 0.451\*\*\* | 0.531\*\*\* |  |  |
| **4 GAD-7** | 0.369\*\*\* | 0.447\*\*\* | 0.738\*\*\* |  |
| **5 WEMWBS** | -0.285\*\* | -0.335\*\*\* | -0.622\*\*\* | -0.502\*\*\* |

\*\*\* p<0.001 (2-tailed)

\*\* p<0.01 (2-tailed)