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(*Curcuma xanthorrhiza*) Kombucha against Diethylnitrosamine in  
Male Balb/c Mice**

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1 **Enhancing Immunomodulatory Properties of Javanese Turmeric (*Curcuma xanthorrhiza*) Kombucha against**  
2 **Diethylnitrosamine in Male Balb/c Mice**

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16

17 **Abstract**

18 Kombucha is a fermented tea beverage, made by the addition of symbiotic culture of bacteria and yeasts (SCOBY).  
19 This study utilized Javanese turmeric in a concentration of 0.4% (w/v) as a kombucha fermentation medium and  
20 evaluated its immunomodulatory activity, compared to non-fermented Javanese turmeric beverage. 42 healthy male  
21 BalB/C mice (20-30 g, 2-3 weeks old) were divided randomly into five groups with seven mice each. The groups were  
22 fed: Normal diet; normal diet + Javanese turmeric kombucha; normal diet + diethylnitrosamine (DEN); DEN + non-  
23 fermented Javanese turmeric and DEN + Javanese turmeric kombucha. Kombuchas and non-fermented Javanese  
24 turmeric were given at dose of 0.3 mL/20 g BW/day. The mice were injected with 100 mg/kg DEN intraperitoneally.  
25 The spleen was collected and analyzed for CD4<sup>+</sup>, tumor necrosis factor  $\alpha$  (TNF- $\alpha$ <sup>+</sup>), interleukin-6 (IL-6<sup>+</sup>), CD8<sup>+</sup>,  
26 CD11b<sup>+</sup>, and IL-10<sup>+</sup>. The statistical analyses included ANOVA and the Fischer's exact test. The percentage of CD8<sup>+</sup>,  
27 CD11b<sup>+</sup>, and CD8<sup>+</sup> IL-10<sup>+</sup> increased significantly (p<0.05) among DEN-induced groups, Javanese turmeric kombucha  
28 and these values were higher than non-fermented Javanese turmeric. These findings verify that Javanese turmeric  
29 kombucha possessed better immunomodulatory activity compared to non-fermented Javanese turmeric.

30 **Keywords:** Kombucha, Javanese turmeric, fermentation, immunomodulatory, diethylnitrosamine

31

## 32 1. Introduction

33

34 Inflammation is one of the body's defence mechanisms to return its tissues to their initial state. The existence of  
35 pathogen or faulty cells is recognized by lymphocytes B and T, causing the cells to signal other immune systems by  
36 releasing cytokines and interferons to resolve the damage [1]. However, if the damage persisted, prolonged unresolved  
37 inflammation could become chronic and induce fatal consequences to the host organism, therefore it should be  
38 prevented. The body provides its self-defence mechanism through the existence of anti-inflammatory mediators that  
39 limit exaggerated immune responses [2]. These anti-inflammatory mediators are produced by immune cells.  
40 Therefore, immunomodulatory agents, compounds that could modulate immune cells and responses, are needed to  
41 strengthen anti-inflammatory mediators to combat inflammation [3].

42 Javanese turmeric is an Indonesian local rhizome that is mostly used for wound healing, boosting immunity, and  
43 as an anti-inflammatory and anti-carcinogenic ingredient [4]. Javanese turmeric extract is known to strongly reduce  
44 pro-inflammatory cytokine gene expressions such as tumor necrosis factor  $\alpha$  (TNF- $\alpha^+$ ), interleukin-6 (IL-6 $^+$ ), IL-1 $\beta$ ,  
45 and C-reactive protein (CRP) in the liver, adipose tissue, and muscle [5]. Its functional activity is contributed by its  
46 biologically active compounds such as xanthorrhizol, curcuminoid, flavonoid, ar-turmerone,  $\alpha$ -turmerone, curcumene,  
47 bisacurone, curlone, lactone-germacrone, and germacrone [6]. However, the bioactivity of these compounds is  
48 suboptimal due to their binding with plant matrix and other components [7]. To release and enhance these bioactive  
49 compounds, processing steps such as fermentation can be carried out.

50 Kombucha tea is a beverage fermented by symbiotic culture of bacteria and yeasts (SCOBY) which has been  
51 gaining popularity owing to its functional properties, one of them being its anti-inflammatory property [8]. Kombucha  
52 has been proven to inhibit 5-lipoxygenase activity, an enzyme that is involved with fatty acid conversion to  
53 leukotrienes, which induces inflammation [9]. Kombucha has also been found to reduce the levels of TNF- $\alpha^+$ , IL-6 $^+$ ,  
54 and IL-1 $\beta$ , as well as restore T cell levels and macrophages in lipopolysaccharide-challenged mice [10]. Recent  
55 research on kombucha has led to the utilization of other bioactive materials [11-18]. This study proposes the usage of  
56 Javanese turmeric as a kombucha fermentation medium to further intensify its immunomodulatory activity. The  
57 synergistic relation between kombucha microorganisms and Javanese turmeric active compounds is expected to boost  
58 Javanese turmeric immunomodulatory function.

59

## 60 2. Materials and methods

61

### 62 2.1 Materials

63

64 Javanese turmeric of commercial maturity, commercial kombucha starter, and cane sugar were purchased from local  
65 distributors and supermarkets in Malang, East Java, Indonesia. Javanese turmeric was peeled, cleaned, and cut into  
66 thin slices, then dried in a cabinet drier at 60°C for 5-6 hours. Powdered Javanese turmeric was made by grinding  
67 dried Javanese turmeric. Diethylnitrosamine (DEN) was obtained from Tokyo Chemical Industry.

68

### 69 2.2 Kombucha and non-fermented beverage preparation and analysis

70

71 Javanese turmeric solution (0.4% w/v) was used as a fermentation medium. The concentration used was chosen as the  
72 best optimized treatment, this has been reported in Zubaidah et al., 2022 [19]. Two (2) g of Javanese turmeric powder  
73 was placed into teabags and extracted in boiling water (500 mL) for 5 min and added with 10% (w/v) sugar. The  
74 solution was poured into sterile glass jars and cooled to room temperature. Kombucha starter (10% v/v) was inoculated  
75 to the solution aseptically. The jars were covered with sterile cheese cloths and tightened with rubber bands, then  
76 underwent fermentation at room temperature for 12 days.

77 Non-fermented Javanese turmeric beverage (0.4% w/v) was prepared with the same procedure as Javanese turmeric  
78 kombucha but without the addition of a kombucha starter. The preliminary analysis of the physicochemical and  
79 microbiological characteristics of the kombucha was outlined in our previous study [19]. The preliminary analysis  
80 performed were as follows: pH, total titratable acids [20], total phenolic content (Folin-Ciocalteau method), the IC<sub>50</sub>  
81 value of antioxidant activity (DPPH method) [18], and total microbial cells (total plate count method) [21].

82

### 83 2.3 Analysis of immunomodulatory indicators in experimental animals

84

85 Forty-two healthy male BalB/C mice (20-30 g, 2-3 weeks old) were divided randomly into five (5) groups [seven (7)  
86 mice each]. The groups were as follows: Normal diet; normal diet + Javanese turmeric kombucha; normal diet + DEN;  
87 DEN + non-fermented Javanese turmeric; and DEN + Javanese turmeric kombucha. The mice were acclimated for 7

88 days and weighing was done once every 3 days. Mice were given Javanese turmeric kombucha and Javanese turmeric  
89 non-fermented beverage once a day on a regular basis for 3 weeks at a dose of 0.3 mL/20 g BW/day. The dose was  
90 applied in accordance with the average human dose of kombucha, which is 118 mL/day. Based on the data, the dose  
91 of kombucha for mice was calculated by multiplying 118 ml/day with 0.0026 (body surface area ratio convertible  
92 factor). The mice were given a standard diet and water ad libitum during the experiment. This study was approved by  
93 the Brawijaya University Research Ethics Committee (Ethical Clearance No. 109-KEP-UB-2021).

94 DEN is an extremely potent liver carcinogen in mice and it was introduced intraperitoneally (100 mg/kg) once a  
95 week for 2 weeks. During two (2) weeks of induction, Javanese turmeric kombucha and non-fermented Javanese  
96 turmeric beverage were also administered. One week of incubation was completed after the induction. Javanese  
97 turmeric kombucha and Javanese turmeric non-fermented beverage were still be given during the incubation period.  
98 The diet arrangement is detailed in **Table 1**.

99 After the treatments, the mice fasted for 1 day and scarified 24 hours after fasting. Scarification was performed  
100 with 0.2 ml ketamine injection (0.1 mg/g BW). The spleen was taken for immunomodulatory analysis with a flow  
101 cytometer. The spleen was chosen because of its important role in mediating the immune response. It also ensures a  
102 protective response from the immune system towards harmful stimuli. The proliferation of splenocytes (mixture of  
103 various immune cells, such as T cells, B cells, dendritic cells, and natural killer cells) directly indicates cellular  
104 immunity [22]. The parameters analyzed were CD4<sup>+</sup>, TNF- $\alpha$ <sup>+</sup>, IL-6<sup>+</sup>, CD8<sup>+</sup>, CD11b<sup>+</sup>, and IL-10<sup>+</sup>.

105

## 106 2.4 Statistical analysis

107

108 Statistical analysis was carried out by comparing all the groups data. Analysis of Variance (ANOVA) with Minitab  
109 18.0 was employed in data analysis. Results that showed significant difference ( $p < 0.05$ ) were followed by Fisher's  
110 exact test.

111

## 112 3. Results and discussion

113

### 114 3.1 Characteristics of kombucha versus non-fermented beverage

115

116 The therapeutic properties of Javanese turmeric kombucha was investigated and compared to non-fermented Javanese  
117 turmeric beverage in the treatment for mice. According to the analysis conducted and reported by Zubaidah and  
118 collaborators [19], the non-fermented Javanese turmeric beverage ( $8.17 \pm 0.01$ ) had a much lower pH value after  
119 kombucha fermentation ( $3.45 \pm 0.02$ ). This correlates to the formation of titratable acid ( $0.21 \pm 0.02\%$ ) previously not  
120 detected in the Javanese turmeric beverage before kombucha fermentation. Total microbial cells in Javanese turmeric  
121 kombucha were  $1.45 \times 10^8$  CFU/mL. Kombucha fermentation was found to enhance the total phenolic content by  
122 58.67% and improve Javanese turmeric beverage's antioxidant activity by 38.93%.

123 The bioactive compounds of Javanese turmeric beverage and Javanese turmeric kombucha were also identified  
124 using LC/MS which tracked down compound changes due to kombucha fermentation. The results are shown in **Table**  
125 **2**.

126 Javanese turmeric kombucha possessed more identified bioactive compounds compared to non-fermented  
127 Javanese turmeric. Organic acids (acetic acid, carbonic acid, pyruvic acid, glucuronic acid), D-saccharic acid-1,4-  
128 lactone (DSL), acetate, conjugated curcuminoids, and niacinamide were present due to microbial activity in kombucha  
129 fermentation. According to Martínez-Leal and collaborators [39], glucuronic acid was produced by yeasts and  
130 *Gluconoacetobacter sp.* This acid was conjugated with curcuminoid during fermentation and formed curcumin  
131 glucuronide. Tetrahydrocurcumin (THC) glucuronide was also found in Javanese turmeric kombucha due to lactic  
132 acid bacteria (LAB) activity [40, 41]. THC-glucuronide was formed due to the reduction of curcumin and conjugation  
133 with glucuronic acid. Curcumin monoacetate was formed due to *Candida spp.* lipase enzyme. Esparan and  
134 collaborators [42] mentioned that *Candida spp.* lipase catalyzed the conjugation of acetic ions with -OH moieties of  
135 curcumin. Yeasts and bacteria also produced niacinamide during fermentation [9].

136 More variety of terpenoids were detected in kombucha compared to the non-fermented beverage. Xanthorrhizol  
137 was the only terpenoid found in the non-fermented beverage, while xanthorrhizol and bisacurool were detected in  
138 kombucha. Bisacurool naturally exists in Javanese turmeric [7]. However, this compound was only identified in  
139 kombucha. It is predicted that microbes released bisacurool from plant matrix or other compounds. This ability enabled  
140 bisacurool to exist in its free form and became easier to be detected [43].

141

142 3.2 Immunomodulatory Activity of Javanese Turmeric Kombucha

143

144 The immune response analysis was conducted on the T cells' adaptive immune response from the spleen. The T cells  
145 which were used as parameters are CD4<sup>+</sup> and CD8<sup>+</sup>. TNF- $\alpha$ <sup>+</sup> and IL-6<sup>+</sup> were used as the inflammatory indicators,  
146 while CD11b<sup>+</sup> and IL-10<sup>+</sup> were used as the anti-inflammatory parameters. The results of the analysis are presented in  
147 **Table 3.**

148 The result of TNF- $\alpha$ <sup>+</sup> analysis showed a significant difference between the normal diet group and the DEN +  
149 normal diet group ( $p < 0.05$ ). There were no significant differences on the result of IL-6<sup>+</sup> analysis, although an increase  
150 of IL-6<sup>+</sup> was found in the normal diet + DEN group. The introduction of DEN increased TNF- $\alpha$ <sup>+</sup>. This proved that  
151 inflammation did occur. TNF- $\alpha$ <sup>+</sup> and IL-6<sup>+</sup> are pro-inflammatory cytokines that are responsible for the inflammatory  
152 signalling pathway. These cytokines were released in order to increase the amount of T helper cells (Th cells),  
153 cytotoxic cells, lymphocyte B, or other immune cells in the problematic site [1]. Between the groups, the normal diet  
154 + DEN group possessed the highest percentage of CD4<sup>+</sup> TNF- $\alpha$ <sup>+</sup>. DEN is a toxicant that undergoes biotransformation  
155 in the liver. This process resulted in reactive intermediates that induced DNA methylation, which subsequently  
156 induced depurination and guanine transversion into thymine [44]. If the cell is unable to repair itself due to DNA  
157 structural changes, cells are considered damaged and the immune system will be recruited to resolve the problem. It  
158 was reported that DEN induced the activation of macrophages and neutrophils. This activation was followed by the  
159 production of pro-inflammatory cytokines such as IL-6<sup>+</sup>, IL-8, IL-1 $\beta$ , TNF- $\alpha$ <sup>+</sup>, CCL2, COX-2, and CCL20, causing  
160 inflammation [45]. However, as the analysis was performed 14 days after the last induction, it was predicted that the  
161 mice's immune system was beginning to resolve the inflammation in the given time. Thus, the data of IL-6<sup>+</sup> did not  
162 show any significant difference ( $p > 0.05$ ).

163 Javanese turmeric kombucha and Javanese turmeric beverage showed lower percentages of CD4<sup>+</sup> TNF- $\alpha$ <sup>+</sup> and  
164 CD4<sup>+</sup> IL-6<sup>+</sup> compared to normal diet + DEN. This meant that Javanese turmeric beverage and Javanese turmeric  
165 kombucha were able to reduce the inflammation of DEN-induced mice. Javanese turmeric contained xanthorrhizol  
166 and calebin-A. These compounds are known for their anti-inflammatory activities. Xanthorrhizol was able to suppress  
167 the phosphorylation of c-Jun N-terminal kinase (JNK) in the MAPK signalling pathway [28]. Thus, it prevented the  
168 transcription of COX-iNOS, c-fos, and p50, which then inhibited the binding of NF- $\kappa$ B and AP-1 with DNA and  
169 lowered inflammation. Calebin-A lowered the regulation of TNF- $\alpha$ , which consequently prevented the NF- $\kappa$ B  
170 activation [26]. Calebin-A also non selectively inhibited COX, an enzyme that contributes to inflammation [27].



171 The results also showed that anti-inflammatory parameters noted the immunomodulatory activity of the  
172 treatments. The percentage of CD8<sup>+</sup> CD11b<sup>+</sup> and CD8<sup>+</sup> IL-10<sup>+</sup> significantly differed among groups (p<0.05). The  
173 induction of Javanese turmeric kombucha increased CD8<sup>+</sup> CD11b<sup>+</sup> significantly, with the normal diet + Javanese  
174 turmeric kombucha and DEN + Javanese turmeric kombucha groups reaching the highest percentages 1.46 ± 0.04%  
175 and 1.05 ± 0.20% respectively. Similar results are reported with CD8<sup>+</sup> IL-10<sup>+</sup>, where adding Javanese turmeric  
176 beverage and kombucha increased the CD8<sup>+</sup> IL-10<sup>+</sup> percentage significantly (p>0.05). The CD8<sup>+</sup> IL-10<sup>+</sup> analysis is  
177 illustrated in **Fig. 1**.

178 Both CD8<sup>+</sup> CD11b<sup>+</sup> and CD8<sup>+</sup> and IL-10<sup>+</sup>, showed the same trends, where normal diet and DEN + normal diet  
179 showed the least percentage of CD11b<sup>+</sup> and IL-10<sup>+</sup>, while Javanese turmeric beverage and kombucha showed higher  
180 percentage. CD11b<sup>+</sup> is an integrin family member which is highly expressed on monocytes, macrophages, neutrophils,  
181 dendritic cells (DCs), natural killer cells (NK cells), and subsets of lymphocyte B and T cells. Higher CD11b<sup>+</sup> is  
182 associated with higher IL-10<sup>+</sup> production which can prevent T-cell activation and subsequently reduce pro-  
183 inflammatory cytokines [46]. The high percentage of CD8<sup>+</sup> that could bind into CD11b<sup>+</sup> indicated that there was a  
184 high amount of specific immune cells on the site. The normal diet + Javanese turmeric kombucha group showed  
185 significantly higher (p<0.05) percentages of CD11b<sup>+</sup> and IL-10<sup>+</sup> compared to the normal diet group. This proved that  
186 Javanese turmeric kombucha stimulated the production of specific immune cells. The existence of CD11b<sup>+</sup> also  
187 increased the production of IL-10<sup>+</sup>, which might inhibit inflammation.

188 The normal diet + DEN group showed the lowest percentages of CD11b<sup>+</sup> and IL-10<sup>+</sup> (0.33 ± 0.20% and 0.48 ±  
189 0.19% respectively). This indicated that there were fewer specific immune cells on the inflammatory site to combat  
190 inflammation. Consequently, the number of pro-inflammatory cytokines was higher in the DEN + normal diet group.  
191 While DEN decreased the percentage of CD11b<sup>+</sup>, Javanese turmeric beverage and Javanese turmeric kombucha  
192 increased the percentages of CD8<sup>+</sup> CD11b<sup>+</sup>. Javanese turmeric possessed curcuminoid fractions, crude  
193 polysaccharides (glucose, galactose, arabinose, xylose, mannose, rhamnose), germacrone, curzerenone, curcumenol,  
194 and xanthorrhizol that may reduce proinflammatory cytokines such as IL-1β, NF-κB, and TNF-α<sup>+</sup> [4]. Javanese  
195 turmeric also possessed calebin-A, a curcumin derivative that is able to lower the regulation of TNF-α<sup>+</sup> [26].

196 This study proved that fermentation into kombucha increases Javanese turmeric immunomodulatory activity.  
197 Javanese turmeric kombucha was able to increase the percentage of CD11b<sup>+</sup> and IL-10<sup>+</sup> in comparison to non-  
198 fermented Javanese turmeric beverage. It is also important to note that the CD11b<sup>+</sup> and IL-10<sup>+</sup> percentages of DEN +

199 Javanese turmeric kombucha group were not significantly different from normal diet + Javanese turmeric kombucha.  
200 This showed that Javanese turmeric kombucha strengthened specific immune cells and increased anti-inflammatory  
201 mediators. Javanese turmeric kombucha might have helped reduce inflammation in DEN-induced groups and restore  
202 the system into a normal condition. In accordance with the findings, fermentation of Javanese turmeric into ciders by  
203 the addition of *Acetobacter xylinum* was able to downregulate the gene expression of IL-1 $\beta$ , TNF- $\alpha$ <sup>+</sup>, and chemokines  
204 and inhibit inflammation better than curcuminoid fractions [34].

205 Javanese turmeric kombucha increased immunomodulatory function due to bioactive compounds and  
206 enzymes [such as reductase and cellulase] that were released during fermentation [47, 48]. THC, a metabolite of  
207 curcumin, was formed after curcumin reduction with reductases from SCOBY as its catalyst. THC underwent  
208 glucuronidation catalyzed by conjugative enzymes to produce THC-glucuronide [39, 49, 50]. THC-glucuronide  
209 exhibits competent activity in the inhibition of TNF- $\alpha$ <sup>+</sup>, IL-6<sup>+</sup>, and NF- $\kappa$ B translocation to the nucleus [51].  
210 Glucuronidation also produced curcumin glucuronide, another curcumin metabolite with anti-inflammatory properties  
211 [39]. These metabolites enhanced the immunomodulatory activity of Javanese turmeric kombucha.

212

#### 213 4. Conclusions

214

215 Kombucha fermentation enhanced the immunomodulatory activity of Javanese turmeric due to the release of bioactive  
216 compounds (THC-glucuronide). Javanese turmeric kombucha produced superior outcomes in reducing CD4<sup>+</sup> TNF- $\alpha$ <sup>+</sup>  
217 and strengthening CD8<sup>+</sup> CD11b<sup>+</sup> and CD8<sup>+</sup> IL-10<sup>+</sup> compared to non-fermented Javanese turmeric.

218

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225

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379 Figure legends

380 **Fig. 1** Innate immunomodulatory activity of kombucha: CD8+ IL-10+ macrophage at different treatments: normal  
381 diet, normal diet + Javanese turmeric kombucha, normal diet + DEN, DEN + Javanese turmeric beverage, and DEN  
382 + Javanese turmeric kombucha

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384

385 Table 1 Diet arrangement of mice based on groups of treatment

Day	Groups	Diet
0-7	All groups	Standard feed + water
8-28	Normal diet, DEN + normal diet	Standard feed + water
	Normal diet + Javanese turmeric kombucha, DEN + non-fermented Javanese turmeric, DEN + Javanese turmeric kombucha	Standard feed + water + treatments (0.3 mL/20 g BW/day of Javanese turmeric/non-fermented Javanese turmeric)
29-49	Normal diet	Standard feed + water
	Normal diet + Javanese turmeric kombucha	Standard feed + water + 0.3 mL/20 g BW/day of Javanese turmeric kombucha
	DEN + normal diet	Standard feed + water + injection of DEN (100 mg/kg, 1x/week)
	DEN + non-fermented Javanese turmeric, DEN + Javanese turmeric kombucha	Standard feed + water + treatments (0.3 mL/20g BW/day of Javanese turmeric/non-fermented Javanese turmeric) + injection of DEN (100 mg/kg, 1x/week)
50-56	Normal diet, DEN + normal diet	Standard feed + water
	Normal diet + Javanese turmeric kombucha, DEN + non-fermented Javanese turmeric, DEN + Javanese turmeric kombucha	Standard feed + water + treatments (0.3 mL/20g BW/day of Javanese turmeric/non-fermented Javanese turmeric)

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388 **Table 2** Identified compounds of Non-fermented Javanese Turmeric Beverage and Javanese Turmeric Kombucha with LC/MS

No.	Compound Name	Classification	Non-fermented Javanese		Javanese Turmeric		Potential Function
			Turmeric Beverage		Kombucha		
			m/z	Retention time	m/z	Retention time	
1.	Keto-curcumin	Curcuminoid	381.32	1.256	N/D	N/D	Antioxidant, anti-inflammatory, inhibit liver cells apoptosis [23], anti-mutagenic, anticancer, antimicrobial, anti-arthritis, neuroprotective [24]
2.	Hydroxy curcumin	Curcuminoid	383.35	1.737	N/D	N/D	Antibacterial [25]
3.	Calebin-A	Curcuminoid	381.35	2.081	381.32	1.978	Anti-inflammatory [26], anticancer [27]
4.	[13C]-Curcumin	Curcuminoid	381.28	2.597	N/D	N/D	Antioxidant, anti-inflammatory, inhibit liver cells apoptosis [23], anti-mutagenic, anticancer, antimicrobial, anti-arthritis, neuroprotective [24]
5.	Curcumin	Curcuminoid	365.41	14.293	365.34	3.354	Antioxidant, anti-inflammatory, inhibit liver cells apoptosis [23], anti-mutagenic, anticancer, antimicrobial, anti-arthritis, neuroprotective [24]
6.	Demethoxycurcumin	Curcuminoid	343.54	17.905	343.57	17.974	Antioxidant, anti-mutagenic, anti-inflammatory, anticancer, antimicrobial, anti-arthritis, neuroprotective [24]

7.	Xanthorrhizol	Terpenoid	218.33	19.213	217.26	16.22	Antibacterial, hepatoprotective, anti-inflammatory, antioxidant, antiplatelet, anti-hyperglycemic [28]
8.	Piperidine	Alkaloid	85.43	24.269	N/D	N/D	Antimicrobial [29]
9.	Tetrahydrocurcumin (THC)-glucuronide	Curcuminoid	N/D	N/D	544.68	1.393	Antioxidant, anti-inflammatory, anti-allergic, antidiabetic, hepatoprotective, antihypertensive [30]
10.	Curcumin monoacetate	Conjugated curcuminoid	N/D	N/D	381.35	2.632	Inhibit colon cancer [31]
11.	Curcumin monoglucoside	Conjugated curcuminoid	N/D	N/D	533.57	2.735	Neuroprotective, inhibit Parkinson disease, antioxidant [32], antibacterial, anticancer [33]
12.	Curcumin glucuronide	Conjugated curcuminoid	N/D	N/D	541.7	3.044	Antioxidant, anti-inflammatory, inhibit liver cells apoptosis [23], anti-mutagenic, anticancer, antimicrobial, anti-arthritis, neuroprotective [24]
13.	Bisacourol	Terpenoid	N/D	N/D	221.33	13.055	N/A
14.	Acetic Acid	Organic acid	N/D	N/D	60.7	14.947	Antioxidant [34], antimicrobial [35]
15.	Niacinamide	Vitamin B	N/D	N/D	122.52	17.561	Antioxidant, neuroprotective, geroprotector [36]
16.	Carbonic Acid	Organic acid	N/D	N/D	60.66	18.353	Antioxidant [34]
17.	D-saccharic acid- 1,4-lactone (DSL)	Carboxylic acid	N/D	N/D	192.22	18.972	Facilitate detoxification [37], antioxidant [38]
18.	Acetate	Carboxylic acid	N/D	N/D	59.73	22.274	Antioxidant [34]

19.	Pyruvic Acid	Organic acid	N/D	N/D	85.47	25.545	Antioxidant [34]
20.	Glucuronic acid	Organic acid	N/D	N/D	198.46	36.069	Help detoxification, facilitate liver absorption, metabolism, and excretion [39]

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391 **Table 3** Immunomodulatory activity of Javanese Turmeric Kombucha

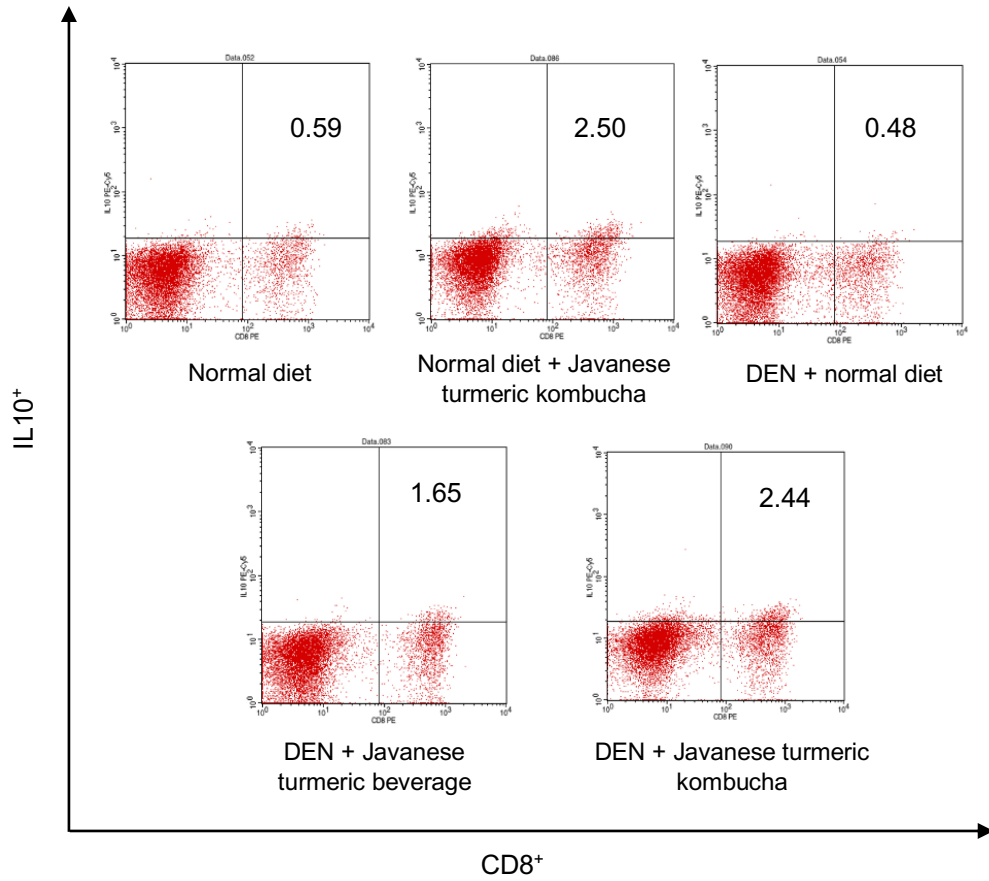
Treatments	CD4 <sup>+</sup> TNF- $\alpha$ <sup>+</sup> (%)	CD4 <sup>+</sup> IL-6 <sup>+</sup> (%)	CD8 <sup>+</sup> CD11b <sup>+</sup> (%)	CD8 <sup>+</sup> IL10 <sup>+</sup> (%)
Normal diet	0.06 $\pm$ 0.04 <sup>b</sup>	0.27 $\pm$ 0.35 <sup>a</sup>	0.48 $\pm$ 0.14 <sup>c</sup>	0.59 $\pm$ 0.09 <sup>b</sup>
Normal diet + Javanese turmeric kombucha	0.14 $\pm$ 0.04 <sup>ab</sup>	0.25 $\pm$ 0.08 <sup>a</sup>	1.46 $\pm$ 0.04 <sup>a</sup>	2.50 $\pm$ 0.42 <sup>a</sup>
DEN + normal diet	0.20 $\pm$ 0.09 <sup>a</sup>	0.65 $\pm$ 0.34 <sup>a</sup>	0.33 $\pm$ 0.20 <sup>c</sup>	0.48 $\pm$ 0.19 <sup>b</sup>
DEN + Javanese turmeric beverage	0.16 $\pm$ 0.04 <sup>ab</sup>	0.25 $\pm$ 0.07 <sup>a</sup>	1.05 $\pm$ 0.20 <sup>b</sup>	1.65 $\pm$ 0.75 <sup>a</sup>
DEN + Javanese turmeric kombucha	0.14 $\pm$ 0.09 <sup>ab</sup>	0.28 $\pm$ 0.12 <sup>a</sup>	1.47 $\pm$ 0.17 <sup>a</sup>	2.44 $\pm$ 0.71 <sup>a</sup>

392 \*TNF- $\alpha$ <sup>+</sup>: tumor necrosis factor  $\alpha$ <sup>+</sup>; IL-6<sup>+</sup>: interleukin-6; IL-10<sup>+</sup>: interleukin-10

393 \*\*data followed by different letters shows significant difference on Fischer's exact test (confidence interval 95%)

394

395 Figure 1



396

397 **Fig. 1** Innate immunomodulatory activity of kombucha: CD8+ IL-10+ macrophage at different treatments: normal  
398 diet, normal diet + Javanese turmeric kombucha, normal diet + DEN, DEN + Javanese turmeric beverage, and DEN  
399 + Javanese turmeric kombucha

400