

INVISIBILITY

in relationships– gaining support for ‘an invisible illness’

SUPPORT FROM SIGNIFICANT OTHERS (emotional, practical, financial)

SUPPORT FROM ALTERNATIVE SOURCES

RELATIONSHIP WITH HEALTH PROFESSIONALS:
THE FIRST HEALTH ENCOUNTERS

Legitimation and validation
Avoiding psychologisation

PERSON-CENTRED AND RELATIONAL CARE

Empathy and understanding
Individualised and flexible

SOCIAL SUPPORT
AND IDENTITY

RECONSTRUCTION

SOCIAL CIRCLE
Sharing stories
Positive activities

WIDE RANGING SUPPORT
needed for all aspects of
daily living